

The Herefordshire Branch of the National Autistic Society is a volunteer-led branch that aims to provide support to individuals of all ages with autism, their immediate families and carers, as well as professionals and to campaign for better local services for those living with autism in Herefordshire.

Latest News & Info



Our Puzzle Pieces Christmas Party was a huge success, and on behalf of everyone that attended we'd like to say a very big THANK YOU to Saxton Hall and Endless Entertainment, as well as to all of our dedicated volunteers.



Our Charities Market Christmas Stall was also a great success. Between the party, the stall, and the raffle we raised several hundred pounds that will all go towards developing the services we offer.

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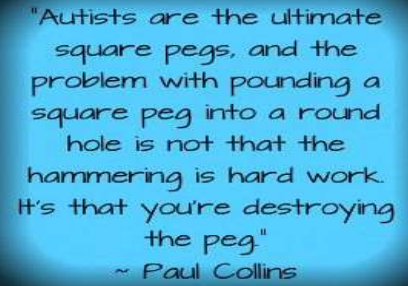
Lending Library

Our Lending Library has a range of books, equipment, toys and gadgets available to borrow. A small deposit is required for any items borrowed.



We would like to thank Frankie & Benny's, Tesco, B&M, Tiger, The Imperial, Chimichanga, The Entertainer, Costa and Tanners for the donations they made towards our raffle.





"Autists are the ultimate square pegs, and the problem with pounding a square peg into a round hole is not that the hammering is hard work. It's that you're destroying the peg"
~ Paul Collins

What's On



Coffee & Chat

Informal support group for parent carers and adults with autism. Held fortnightly from 10-11.30am. We alternate between offering the group in **Hereford** (at **Cookies Café, 5 Bewell St, HR4 0BB**) and **Leominster** (at **The Duke's Head Weatherspoon's Pub, 3 Corn Square, HR6 8LR**). First dates for the New Year are:

Tues 10th Jan 2017 @ Leominster & Tues 24th Jan @ Hereford



Puzzle Pieces Group

Themed play group with indoor, outdoor and sensory activities. Held on the 2nd Saturday of each month from 2-4pm. From January 2017 the group will be held at **St. Thomas Cantilupe Academy, Coningsby Street, Hereford HR1 2DY**. Siblings are welcome. **Booking is essential via www.eventbrite.co.uk.**



Connections Youth Group

A new youth group for teenagers and young adults with autism which aims to provide a safe and supportive environment where group members can socialise, participate in a range of activities and access local community facilities. The next session is bowling and a meal at MFA Bowl, Station Approach, Hereford HR1 1BB on Saturday 7th January from 3-5pm. **Booking is essential via www.eventbrite.co.uk.**



Fundraising

We are pleased to say that 2016 was a successful year for us in terms of fundraising. As a result we have been able to maintain and develop the range of services we offer. Now we are looking for ideas and inspiration for 2017 fundraisers. So, if you have a great idea or want to get involved in one of our fundraising events, please get in touch.



Some of our members are currently undertaking a post-Christmas sponsored slim, donating £1 for every 1lb in weight lost. We wish them every success and a healthy New Year!

As our service continues to grow, we additional services. There are many out with group sessions and activities, fundraising to name just a few. Any help no matter how little as it all contributes find out more please don't hesitate to get



need more volunteers to help us provide different roles available including helping providing administration support, and you can provide would be much appreciated to the service we offer. If you would like to in touch. We would love to hear from you.