

NAS HEREFORDSHIRE

UPCOMING EVENTS

Big Bounce

Saxon Hall on Sat 30th July

Contact Kath for more details.

Summer events Planned

Visit to Hereford Community
Farm

Visit to Queenswood for nature
trail.

Dates and times to follow

So come along, say hello and
join in.

Parent/carer Coffee Mornings at
Cookies Café 13th Sept

JULY EVENTS

Its been another busy month, the first coffee group was attended by a high number of parents and carers which was fantastic to see.

On Friday the 8th we had a visit from head office to deliver a talk on TMI. From there we rushed off to Breinton Fruit Farm where we had been invited to attend orchard arts annual event. It was lovely to see the children from Hampton Dene primary, Staunton on Wye Primary and Blackmarston Schools perform their dances in front of Lady Darnley and the Dean of Hereford .

On Tuesday the 12th we attended the autism partnership meeting at which we were able to network with new contacts from across the county.

On Wednesday 13th we attended the parent voice meeting and met Richard Watson from shortbreaks. He expressed an interest in meeting more of our parents at some of our upcoming events so we arranged a few dates.

On Friday the 15th we gave our first TMI training session to a small group of parents and volunteers who I hope found it quiet useful.

On Saturday 16th a small group of Volunteers gave up there time to stand in High Town to collect signatures for the National Campaign Day Of Action to help raise Autism Awareness with the High Street shops and we managed to get over 550 signatures. So a big pat on the back to them and a big Thank you for giving their time up. We are always looking for more Volunteers so please get in touch with us and have a chat if you think you can help in any way.

Please have a look on the Website for all photos taken at these events

Nas.herefordshire.webeden.co.uk

Contact Us

Branch Officer: Debbie Hobbs

Activity Leader: Currently vacant so please get in touch if you may be interested in helping out.

Fundraising: Abi North

Treasurer: Helen Brown

Branch Secretary: Currently vacant so please get in touch if you may be interested in helping out.

Email: NasHerefordshire@nas.org.uk

[www.facebook.com/Nas Herefordshire](http://www.facebook.com/NasHerefordshire)

twitter.com/NasHerefordshire1

Web .

<http://nasherefordshire.webeden.co.uk>

Guest editor: Laura Young

Fantastic busy times ahead for the NAS Herefordshire. The office is now officially open and up and running. We had our first training session with an intro on TMI campaign and some really useful info on the excursions policies for schools. After a really successful party to celebrate the queens birthday which all the children the really enjoyed. We are really looking forward to the next puzzle pieces group. Have really enjoyed being a part of all the brilliant stuff for Autism that has been going on the last month and for all the support that each of the parents and volunteers have given is really warming. Making steps for a better understanding of autism in the future for our children on the Autistic Spectrum

Fundraising News

On Sunday 17th July Bryn North took part in his first Iron Man competition of the year. Despite a slight technical issue with the bike 98 miles into the ride he managed to complete Iron Man Bolton in 12 hours 30 minutes and 49 seconds. His next Iron Man is Weymouth on 11/09/16 quickly followed a week later by Iron Man Wales on 18/09/16. He has been raising money for NAS Herefordshire & Scope!



Puzzle Pieces News

In August unfortunately we are unable to hold puzzle pieces at the Aspire Community Hub. So we will hold the next Puzzle Pieces at Aspire on September 10th. Hope to see you all then.

Anyone with or without a diagnoses of Autism can attend Puzzle pieces and bring their siblings along too.

Forthcoming dates: Puzzle pieces: 10th Sept, 8th Oct, 12th Nov, Christmas Party 10th Dec.
Coffee and chat: 13th / 27th Sept, 11th / 25th Oct, 8th / 22nd Nov, 6th / 20th Dec.