

Mood barometer



Print onto card (or paper and laminate).

Two ways to use (there are lots more):

- ✓ *Keep all three smileys in a row and use as a mood barometer to discuss feelings - happy, sad and angry*
- ✓ *Cut the individual smileys out. These can be kept e.g. in a classroom desk drawer and put on the desk or shown to a teacher/LSA to alert adults to overwhelming situations at school.*