

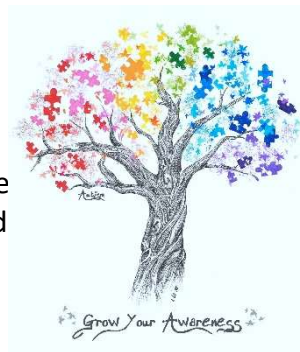
The Herefordshire Branch of the National Autistic Society is a volunteer-led branch that aims to provide support to individuals of all ages with autism, their immediate families and carers, and to help campaign for better local services for those living with autism in Herefordshire.

Latest News & Info

Action for Autism is a short film currently being produced by Rural Media as part of a 3-month community project, with input from the ASD community. Work has already started on developing the storyline and writing the script. Future sessions will provide the opportunity to work alongside professionals to make and edit the film. If you are 16+ and haven't already got involved but would like to, it's not too late! Get in touch with Nathan Williams at Rural Media, 25 West Street, Packers House, Hereford HR4 0JR NathanW@ruralmedia.co.uk. The next session for a script read-through is on **Tuesday 11th Oct 5.30 – 7.30pm**.

Lending Library

Our Lending Library is now up and running with reference books, equipment, toys and gadgets available to borrow. A small deposit is required for any item borrowed.



Contact Us

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What's On



Coffee & Chat

Informal support group for parent carers held fortnightly. We are now alternating between offering the group in Hereford (at Cookies Café, 5 Bewell St, HR4 0BB) and Leominster (at The Duke's Head Weatherspoons Pub, 3 Corn Square, HR6 8LR). Forthcoming dates are: **Leominster 11th Oct and 8th Nov, Hereford 25th Oct and 22nd Nov, from 10 - 11.30am**.



Puzzle Pieces Group

Themed children's group with indoor and outdoor activities and sensory play. Held monthly on Saturdays at Aspire Community Hub, Canal Road, Hereford HR1 2EA. Siblings are welcome. Booking is essential via www.eventbrite.co.uk. Forthcoming dates are: **8th Oct (Halloween theme), 12th Nov (with Roaming Reptiles) and 10th Dec (Christmas Party), from 3 - 5pm**.

What's On



Stay & Play Session

Fun outdoor play session for youngsters on **28th Oct 10am – 12pm** at Bishops Meadow HR2 7RB.



Connections Youth Group

A new youth group for teenagers and young adults which aims to provide a safe and supportive environment where group members can socialise, participate in a range of activities and access local community facilities. The group is being launched on **29th Oct 11am - 12.30pm** at the Fred Bulmer Centre (address above).



Fundraising

A fundraising event at The Booth Hall is planned for **18th Nov** but details are still to be confirmed – watch this space and put the date in your diary!

On **10th Dec 3 – 5 pm** we are holding our **Christmas Party** at Saxon Hall with Endless Entertainment.

We will have a stall at the **Charities Market** in Hereford High Town on **13th Dec** so please come along and support us and buy some hand-made Christmas gifts.



Training & Awareness

This month we started providing **Autism Training** for staff in doctors' surgeries across the borough as well as supporting parents of newly diagnosed children at educational sessions.

On **4th Nov 10.30 – 12pm** we are holding a **Schools Exclusion Seminar** with guest speaker Andrew Cutting of NAS at the Fred Bulmer Centre (address above). This will be followed at **1pm** by our **Annual General Meeting**.



If you are interested in becoming a volunteer, we have lots of different roles available: maybe you would like to help us with fundraising, admin, or help out at our children's group, youth group or our parent carers support group? Perhaps you feel like getting your teeth into a little campaigning? Whatever you feel able to do and for however much time you can spare, there is something you could help us with.

Please don't hesitate to get in touch.